

# **C.O.M.T.A.C.T.**

#### Confidence ~ Objectivity ~ Mindfulness Trust ~ Accuracy ~ Consistency Teamwork



**COMTACT** combines all aspects of equine study including natural horsemanship and classical riding. These group workshops are aimed to improve the teamwork between horse and rider. It is the result of Elke Kofahl's lifelong passion for horses and is based on over 25 years of experience in the equine industry.

### <u>C.O.M.</u>

This workshop will enhance the entire riding experience from the moment you enter the barn until the moment when you leave. The focus is on better communication with the horse and how this is affecting the relationship with your horse and the work you want to accomplish.





#### **Back to Basics**

Back to Basics is a workshop focusing on mounted work. The topics covered will include resolving any concerns you may have with your horse. You will learn how to strengthen communication with your horse and adjust techniques that have slipped off the radar.

## <u>T.A.C.T.</u>

TACT is a group of workshops that span over four weekends, which for best results are spread 6 – 8 weeks apart. Weekend one will focus on *trust*, and each consecutive weekend will focus on *accuracy*, *consistency*, and *teamwork*, respectively, while building on previous work.



All workshops are 2 days of 2.5 hours each for \$ 295.00 Please contact us for discounts

## Please feel free to contact us any time

902-323-0242 ~ www.comtact.biz ~ comtact@live.com